

ALLPLANT PROTEIN RECIPES

BANAMURIO

1/2 PEAR

1 CUP VANILLA YOGURT

1 CUP MILK OF CHOICE

1 BANANA

2 TABLESPOONS NUTRILITE™ ALL PLANT PROTEIN

2 TEASPOONS
CHIA SEEDS



1/2 CUP LOOSELY PACKED SPINACH

1 CUP MILK OF CHOICE

HONEY TO TASTE

2 TABLESPOONS NUTRILITE™ ALL PLANT PROTEIN



1/2 CUP VANILLA YOGURT

TUSE DEED

2 TABLESPOONS NUTRILITE™ ALL PLANT PROTEIN

1 CUP VANILLA YOGURT

1/2 CUP POMEGRANATE SEEDS

8 STRAWBERRIES, STEMS REMOVED

1 SMALL BEET, DICED



1/2 CUP MILK OF CHOICE

BERRUPEAR-

3/4 CUP
BLUEBERRIES

1 CUP MILK OF CHOICE

CINNAMON

TO TASTE

1/2 CUP VANILLA YOGURT

2 TABLESPOONS NUTRILITE™ ALL PLANT PROTEIN



1/2 PEAR

